

## Winter Storms

Blizzards come in on a wave of cold Arctic air, bringing snow, bitter cold, high winds and poor visibility in blowing snow. This snowfall may not be heavy, but the poor visibility, low temperatures and high winds constitute a significant hazard.

On average, the storms and cold of winter kill more than 100 people every year.

### At Home:

- When a blizzard is forecast, leave your radio on to stay informed of the situation and hear updated forecasts. Updates will also be broadcast on your Sask Alert app on your phone.
- When a winter storm hits, stay indoors. If you must go out, dress for the weather.

### In Your Car:

- As a rule, it is a good idea to keep your gas tank almost full during the winter and to have extra windshield washer fluid and antifreeze on hand.
- Prepare 2 small emergency kits:
  - Trunk
    - Shovel, sand, salt, kitty litter or other traction aids;
    - Tow chain and booster cables;
    - Fire extinguisher, warning light or flares;
    - Extra clothing, including mittens, hats and boots.
  - Cab
    - Flashlight;
    - Blanket
    - First-aid kit
    - Matches, candles, emergency food pack.
- If you must travel during a winter storm, do so during the day and let someone know your route and arrival time.
- Have a cell phone with you.
- If your car gets stuck remain calm and stay in your car. Allow fresh air into your car by opening the window slightly. You can run the car engine about 10 minutes every half hour if the exhaust system is working well. Beware of exhaust fumes and check the exhaust pipe periodically to make sure it is not blocked with snow.
- Keep your hands and feet warm exercise them periodically. If you try to shovel the snow from around your car, avoid overexerting yourself, as shoveling and bitter cold can kill.