



Age Friendly Rosetown

August 2022

Rosetown Maintains Age Friendly Status

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In March, Age Friendly Rosetown applied to have the community's Age Friendly status be continued to be recognized by the province. We have since received confirmation that Rosetown once again met the criteria for the designation. This was done by showing work is still happening to help enrich the lives of all residences, especially older adults. It would not have happened without your support and input on local needs. **Thank you!**

Survey Results

Thanks go out to all those who took the time to fill out our surveys in February. Your feedback was used to create our action plan for the next 3 years. All the details of how to accomplish our goals are not finalized yet, but below are the areas we will be looking at.

How Can You Help?

- Give us your ideas on what can better make Rosetown an Age Friendly place to live.
- Assess how Age Friendly your place of business or property is and take steps to improve it.
- Volunteer at a project put on by the Age Friendly Committee
- Be watchful for ways you can help out a fellow Rosetown resident—regardless of their age!

Communication:

- promote current services available
- sharing info in multiple formats that are easy to find and read
- increased consultation and engagement with older adults
- Connect with others in position to make change

Social and Learning Opportunities:

- provide social opportunities
- organize requested learning sessions
- recognize and celebrate older adults
- listen to residents' concerns/ideas and take proactive measures to assist

Advocate for:

- safe walkways
- accessible health services
- transportation needs
- housing issues

Action Plan Work...so far



Connect with Others in Position to Make Change

The ideas and concerns received in the February survey covered a wide range of issues. Age Friendly Rosetown will attempt to address as many of these as are able. However, there are some issues identified that we as a community group have no decision making power for. In these cases, Age Friendly Rosetown has met with those who may have the ability to influence action. This does not always mean they are able to make changes immediately, but are made aware of residents' concerns and is a starting point for advocating on your behalf. Read below for an overview of these discussions.



Town of Rosetown— survey results shared included snow removal concerns, safety and accessibility of sidewalks and curbs, handicap parking spaces and taxes. Action taken to date is:

- ⇒ A new disabled parking stall will be installed on 1st Ave East
- ⇒ The Bylaw Official is supported in educating those who misuse the disabled parking and issue tickets where appropriate
- ⇒ Confirmed sidewalk shaving will continue to be an ongoing activity

Rosetown and District Health Centre— there were many who shared their concerns about the accessibility and safety at the facility. These were reiterated and there was discussion on ideas for interim solutions.



Canada Post—inquiries were made on behalf of citizens concerned about the safety of the front steps due to reported falls. A commercial real estate office oversees the landscaping, stairs and ramp. They responded a request has been sent to replace the stairs and ramp, but as of yet have not heard back if has been approved.



Social Opportunities



⇒ **The Country Christmas Music Show is back for 2022!**
With Covid-19 restrictions being lifted, Age Friendly and the Lions are planning to hold this popular event on November 26 at the Elks Hall. The artists have already been booked and are excited about seeing everyone once again. Mark it in your calendar!

⇒ Now that we are able to get out and about, socialize more and be able to have entertainment in long-term care homes and housing units, it was brought to Age Friendly's attention that the now long unused pianos in these homes are in desperate need of tuning. We have arranged for the pianos at various places to be tuned. Rose Villa , Seniors Centre and McNab Place have already been done. The next time the tuner is in Rosetown, he will also do the one at Lions Manor. Enjoy the music and sing along!

⇒ Occasionally we learn about opportunities from across the province you may like to take part in. We will share that with you as well. For example, the first Seniors Centre Without Walls has been started in Moose Jaw but anyone around Saskatchewan can take part. They organize social and learning group activities over the phone. There is no cost to participants. They will phone you and mail out any items you may need. Topics include crafts, sports, trivia, book clubs and mental wellness. They are on a break over the summer but will have new sessions for the fall.

Seniors' Centre Without Walls

where friends unite...
outta sight!

A **FREE** interactive telephone program for people 55+

Popular all across Saskatchewan



Connect with others: on your phone, in your home, just like a "party line" - no computer or internet needed!



A wide variety of educational classes and fun social topics led by facilitators and guest hosts in a safe, caring environment

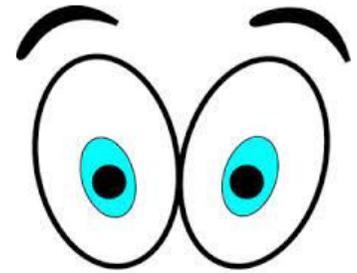


We'll send you everything you need: a schedule, supplies, and information on how to join a call - all for **free**

Sharing Information

Age Friendly Rosetown shared information from the survey with others who could help affect change, but feel it is just as important for information for everyday living be shared with residents. What is happening in the community? How to access services needed? We have made it a goal to provide various ways for people to get these questions answered.

- ⇒ Check out the Age Friendly Rosetown Facebook page for locally specific information on community events and topics that may be of interest to you.
- ⇒ We are working on a resource booklet that details local support services, area businesses and organizations. When ready for it's release— you'll be the first to know! **Watch for it!**



Odds & Ends

There were a few more things Age Friendly has been involved in the last few months:

- ⇒ Helped Lions Manor residents get their garden area back into good growing condition. Can't wait to see what you harvest from it!
- ⇒ A communal wheelchair was purchased for both Lions Manor and McNab Place for residents to use as needed. Never know when you require a bit more help!

Fundraisers



Christmas is coming! The Lions and Age Friendly Greetings Board (in front of the Post Office) has space for more names. If want to include yours in the wishes, please let us know. First come basis.

Another thing to mark in your calendar! Forget about cooking supper for one night and catch up with old friends at the corner of Main St. and 3rd Ave E from 4:30—6:30. Funds used to benefit the lives of local seniors.



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